



## Summer, 2018 – Here's What's Up!

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## Message from FSA President



Hello FSA Members,

Passing the midpoint of Summer 2018 and entering my third month as your Society President, I'm pleased to report that FSA is by no means taking a vacation from the ongoing and important task of ensuring the safe anesthesia care for the people of Florida. We've been busy!

I want to thank everyone who attended the 2018 Annual Meeting in June. In addition to a strong and informative roster of sessions, workshops, and panels, we were very fortunate to welcome notable leaders from our profession and from state and national levels of government. ASA President **Dr. Jim Grant**, Congressman **Dr. Andy Harris**, and former Florida Governor and US Senator **Bob Graham** provided interesting insight into new trends and challenges in the medical specialty of anesthesiology, recent developments at the federal level on healthcare issues, and effective ways to influence governmental decision making and decision makers. A special thank you to the FSA Program Committee for their great work and to the committee co-chairs **Drs. Chris Giordano, Leo Rodriguez, and Luis I. Rodriguez**. Great job, all!

Additional activities happening this summer include:

- Through the good work of former FSA President Chuck Chase, we arranged with our colleagues at FOMA an opportunity for FSA members to complete at no cost the "Prescribing Controlled Substances" course, satisfying the requirement mandated by the recently passed HB 21. If you missed that email, go to the [Member Resources](#) tab on the FSA website.
- FSA sent our elected delegation to the Annual meeting of the Florida Medical Association, working closely with our medical colleagues to establish a united front against the potential threat of Florida becoming a member state of the APRN Compact.
- The Committee on Legislative Affairs, chaired by Jay Epstein, is preparing for a busy 2019 legislative session – [take a look at Dr. Epstein's article in this issue to get your marching orders for the rest of the summer](#).
- Working with Steve Vancore from our esteemed PR Firm VancoreJones, we're crafting a rebuttal to clear up the obfuscation presented in a recent AANA report challenging the cost effectiveness and efficiency of AAs versus CRNAs...
- Our management team is busy arranging meetings and events for FSA at the upcoming ASA Annual Meeting taking place in October in San Francisco.
- Our Communications Committee is working to refresh and rejuvenate both the FSA website and the Society's social media presence.

Lots going on! I encourage you to get involved. Remember, also, that we as a Society live and die by the level of our political exertion – donations to the PACs, both FSAPAC And ASAPAC, are an essential part of our professional citizenship – please give them your support. And as always, thank you for your membership,

**James "Knox" Kerr, III MD**  
FSA President

## FSA in Pictures



(L to R) FSA President Dr. Kurt Jones presents the **2018 Presidential Engagement Award** to Dr. Moeed Azam and the **2018 FSA Distinguished Service Award** to Dr. Sonya Pease.

At the 2018 Annual meeting, FSA recognized two Florida Legislators for their efforts toward ensuring the practice of safe physician-led anesthesia in the state. Dr. Jay Epstein presents Senator Dana Young her plaque. Also honored in 2018 was Senator Denise Grimsley.



The winner of the 2018 FSA Resident Jeopardy – University of Miami. (L to R) Dr. David Lubarsky; host Dr. Albert Varon; team members Drs. Paul Potnuru, Kyle Sherrod & Miguel Abalo; Dr. Christian Diez.

FSA was in full force at the recent 2018 Annual meeting of the Florida Medical Association. FMA Delegates (l to r) Drs. Steven Gayer, Jonathan Slonin, Sher-Lu Pai, Ross Renew, Chuck Chase, Adam Fier, Michelle Lipton, Philip Asmar & Brence Sell, with FSA President Knox Kerr. *Attending Delegates not pictured: Drs. Elird Bojaxhi, Elena Holak & Todd Smaka.*





## Prescribing Controlled Substances – Free Course Available to FSA Members

The Florida Society of Anesthesiologists is pleased to make available to our members a two-hour course, "Prescribing Controlled Substances" which will satisfy the testing requirement mandated by the recently-passed HB21 in Florida. Partnering with the Florida Osteopathic Medical Association, FSA members can take this test free of charge. Click **HERE** to access the course.

*Many thanks to **Dr. Chuck Chase** and to our colleagues at **FOMA** for their work in making this offer possible.*



## From the Committee on Legislative Affairs

The Committee on Legislative Affairs is the FSA's primary vehicle to promote patient safety initiatives and advocate for your profession. You can read up on your current legislators by clicking on <https://tinyurl.com/FLofficials>. Over the summer and fall, all eyes will be focused on the primary elections in August and the general election in November. **If you have a relationship with anyone running for office or have any interest in governmental affairs, please contact me at [jhe@tampabay.rr.com](mailto:jhe@tampabay.rr.com).** Once the legislative roster is set, we will begin to make district visits in the early winter. So that your voice continues to be heard in our state capital, please consider a donation to the FSAPAC at <https://www.fsahq.org/donate-fsapac>. Finally, mark your calendars to join us in Tallahassee for the **FSA Legislative Days, March 25-26, 2019**.

Enjoy your summer and don't forget the sunscreen!

**Jay H. Epstein, MD**

*Florida Society of Anesthesiologists*

*Chairman, Committee on Legislative Affairs*

## RESIDENT'S CORNER – ASA Practice Management 2018

*by Andres Bacigalupo Landa*

Preparing for practice in healthcare in the current era requires more than just excelling in the clinical ground; a globalized world with constantly changing healthcare policies, models of care and care delivery systems makes leadership and practice management skills key aspects for success in the forthcoming years.

As much as intellectual intelligence (i.e. IQ) is nourished and constantly tested through medical education, it has been widely demonstrated that emotional intelligence (i.e. EQ) is as important and determinant in performance and decision making as its counterpart. In the case of graduate medical education, a direct relationship between EQ and Anesthesiology resident performance of the five ACGME core competencies was demonstrated by Talarico et al (Journal of Clinical Anesthesia, 2013). It is clear that learning and developing self-awareness, regulation, motivation, empathy and social skills (i.e. the main components of EQ) are central to obtaining a well-rounded education which will enable residents to become professionals capable of leading through inspiration rather than intimidation.



In this sense, this year's Practice Management conference offered a great opportunity to learn and develop

leadership and management skills for physicians from all levels of training. Through a vast variety of pre-conferences, conferences, interactive group exercises and roundtable discussions, attendees were taught about the fundamentals of practice management, effective leadership building and emotional intelligence, utilizing incentives and behavioural economics in achieving operational excellence, mining data and productivity metrics to increase quality of care and resource management, as well as current healthcare trends and how to adapt to them.

Furthermore, residents and fellows had the opportunity to attend a series of lectures specifically tailored to graduating and what to expect in the workforce: characteristics of the different kind of practices, how to review and interpret work contracts, how to manage debt and investment, and most significantly, advocacy and the importance of leadership in our specialty.

I am currently a second year Anesthesiology resident at Mount Sinai Medical Center in Miami, Florida, as well as the CEO of my family's restaurant business in Peru. Having attended this year's Practice Management conference enhanced my understanding that it is mainly through education and better utilization of resources that we will ensure a more sustainable healthcare system capable of serving an ever-growing population.

Furthermore, the atmosphere at the conference instilled a sense of purpose and duty in all of us. I firmly believe that there has never been a better time to be a leader in our specialty; every resident in training needs to become not only an excellent clinician, but a professional citizen qualified to advance our specialty and secure its future. This is the best way to ultimately ensure patient safety and quality of future care. It is the task of all of us, for all of us.

***Each year FSA offers a \$1,000 Resident Scholarship for attendance at the ASA PRACTICE MANAGEMENT meeting. The 2019 meeting takes place January 18-20 in Las Vegas - Application information for the 2019 scholarship will be available in late September. Contact [jj@fsahq.org](mailto:jj@fsahq.org) for more details.***

#### **FSA - Upcoming Events**

<b>August 19, 2018</b>	ASA Board of Governors Fall Meeting	<i>Rosemont, IL</i>
<b>October 13-17, 2018</b>	ASA Annual Meeting	<i>San Francisco, CA</i>
<b>January 18-20, 2018</b>	ASA Practice Management	<i>Las Vegas, NV</i>
<b>March 25-26, 2019</b>	FSA Legislative Days	<i>Tallahassee, FL</i>
<b>May 13-15, 2019</b>	ASA Legislative Conference	<i>Washington, DC</i>

*A calendar of national anesthesia-related events is located on the [ASA Website](#).*